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### Challenges in the Diagnosis and Management of Pediatric Pulmonary Tuberculosis in Madagascar

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# Challenges in the Diagnosis and Management of Pediatric Pulmonary Tuberculosis in Madagascar <sup>1</sup>Emily Cordes, DO; Richard Roach, MD

### Introduction:

Mycobacterium Tuberculosis (TB) remains an important cause of morbidity and mortality in Madagascar.

Incidence of TB in Madagascar in 2015 [IP]:

General Incidence	57,000
Pediatric (<14 years old) Incidence	11,000
Percentage bacteriologically confirmed	89%

- However, bacteriologic confirmation of TB in children is especially difficult.
- Therefore, the incidence of TB in the pediatric population in Madagascar, and other developing countries, is considered under-estimated.
- We report a case of a 4 year old male that illustrates the challenges in diagnosis and management of TB in Madagascar.



Image 1. 4 year old cachectic patient in severe respiratory distress www.manaraa.com

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## **Case Report:**

• A 4 year old male presented to a hospital in northern Madagascar with five months of chronic, non-productive cough and cachexia. Past medical and family history was unremarkable, with no sick contacts.

Exam: Cachectic with severe respiratory distress and diffuse rhonchi bilaterally

Hemoglobin: 7.0 **Chest XR: Diffuse Bilateral Infiltrates** 



Image 2. Chest XR with bilateral diffuse infiltrates

- Due to concern for TB, an acid-fast bacilli (AFB) smear and culture was attempted via early morning nasogastric aspirate and induced sputum. Both were negative.
- Due to concern for *Pneumocystis* pneumonia,  $\bullet$ trimethoprim/sulfamethoxazole was ordered, but administration was delayed for 36 hours due to resource constraints.
- Presumptive treatment of TB is not allowed due to local guidelines requiring a positive AFB.
- The patient's respiratory status declined and the patient expired before a positive AFB culture was obtained.

**References:** Madagascar Tuberculosis Profile. WHO Tuberculosis Country Profiles, 2015. https://extranet.who.int/sree/Reports?op=Replet&name=%2FWHO\_HQ\_Reports%2FG2%2 FPROD%2FEXT%2FTBCountryProfile&ISO2=MG&LAN=EN&outtype=html. Accessed 13 Feb 2017.

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## **Discussion:**

The pediatric population with suspected pulmonary TB is challenging to manage in Madagascar.

A positive AFB culture is required to initiate treatment for TB; however obtaining a positive AFB in children is difficult.

Diagnostic accuracy hinders initiation of treatment.

Treatment is government funded, but documented positive AFB is required. Otherwise, parents are asked to cover the expense of the medications, which is rarely a feasible option [Ave annual income =\$125/y].

Finally, there is little public health effort to trace TB transmission in rural communities.

Roughly 14% of the cases of TB in Madagascar are in patients less than 14; however, given the current means of diagnosis and reporting, this is likely an underestimate.

This case demonstrates the obstacles in diagnosing and treating TB in the pediatric population in Madagascar as well as other developing countries.